



Oglala Lakota College



Head Start/Early Head Start Program From the Administration...

How The Patient Protection and Affordable Care Act Helps Children

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Quality, Affordable Health Care for All Children

⇒ Elimination of Pre-existing Coverage Exclusions for Children

◇ In recognition of the special vulnerability of children, the *Patient Protection and Affordable Care Act* prohibits health insurers from excluding coverage of pre-existing conditions for children, effective six months after enactment.

⇒ Extending the Children’s Health Insurance Program

◇ The *Patient Protection and Affordable Care Act* extends federal funding for the Children’s Health Insurance Program (CHIP) for two additional years, to September 30, 2015, and provides States with additional funding to ensure children have access to this proven successful program. The Act also increases outreach and enrollment grants to help reach more eligible children.

Lower Costs to Cover Children

⇒ Preventive Care for Better Health

◇ Preventive care is a key first step towards the development of a healthy and long life, yet 32 percent of kids are overweight or obese, putting them at risk for conditions such as diabetes and heart disease. The *Patient Protection and Affordable Care Act* will ensure that all children have access to free preventive services

under their health insurance plans and will invest in prevention and public health to encourage innovations in health care that prevents illness and disease before they require more costly treatment.

⇒ Expand Coverage to Improve Access to Care

◇ Children who are uninsured have decreased access to well-child care, immunizations, basic dental services, and prescriptions medication. The *Patient Protection and Affordable Care Act* will offer health insurance through an Exchange to families without job-based coverage and will provide premium assistance to those who can’t afford it. Expanding insurance to all children will enable them to access needed care which is proven to enhance their development and learning, laying the foundation for a healthy life.

Greater Choices to Meet the Needs of Children

⇒ More Affordable Choices

◇ The *Patient Protection and Affordable Care Act* will create a health Insurance Exchange that will provide families with a wide variety of choices—including private options and a public option to foster competition and increase choice.

Special points of interest:

- **Health Care Bill**
- **Scarf Pull Activity**
- **Twelve Ways to Help Your Child Learn**
- **What Teachers Need...**
- **Professional Developments**
- **“I’m Walking Healthy Babies...”**

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For more information, please see the following source:
http://dpc.senate.gov/dpcdoc-sen_health_care_bill.cfm

From the "Bright and Beyond Monthly Activities"...



Baby
6-12 months

Scarf Pull
*Large and Small Motor Skills,
Observation and Discovery*

Tube Pull: Thread a scarf through a toilet paper tube so that only the tip is sticking out of one end. While you hold onto the tube, encourage your baby to grab the tip and pull the scarf out.

Tissue Box Pull: Stuff several scarves, tied end to end, into an empty facial tissue box, leaving the tip of one scarf sticking out. While you steady the box, encourage your child to pull the scarves out.

! Monitor your child closely during these activities.



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From the Family Community/Mental Health Coordinator...

Twelve Ways to Help Your Child Learn

- 1. Read to them.**
 - It is not important what you read to your child.
- 2. Take your child to the grocery store every week.**
 - Talk to your child about things in the store.
- 3. Go for walks in the community.**
 - Talk to your child about everything you might see during the walk.
- 4. Put your young child on a blanket on the floor every day.**
 - This will make your child strong and help
- him to learn to crawl and roll.
- 5. Talk to your child while you are working in the house.**
 - Tell your child what you are doing.
- 6. Tell your child when he does something good.**
 - We all need to know when we do something good.
- 7. Teach your child about his body.**
 - Do this when you bathe or dress him.
- 8. Give your child safe things to play with.**
- Find things in the house.
- 9. Feeding is a great time for teaching your child.**
 - If you watch TV during this time you and your child will miss out on good times together.
- 10. Family meals can be good for your child.**
 - Bring your child to the table so they can watch you eat.
- 11. Play games with and sing songs to your child.**
- 12. Take your child on visits to other family members and friends.**

For more information, contact the Pine Ridge Developmental Clinic @ 605-454-

From the Education Coordinator...

What New Teachers Need...

Here's a list of areas in which beginning teachers frequently need help.

- Setting up a classroom for the first time.
- Learning school routines and procedures.
- Designing lesson plans.
- Responding effectively to behavior and discipline problems.
- Teaching with limited resources.
- Motivating students and engaging them in class activities.
- Creating a community of learners.
- Working effectively with English-language learners and children with special needs.
- Understanding social and environmental factors that may contribute to student behavior and performance.
- Assessing student performance.
- Understanding new state and district standards and assessments, and how they affect teaching strategies.
- Understanding procedures and policies related to curriculum adoption.
- Learning to communicate with and involve parents.
- Developing organization and time management skills.
- Identifying opportunities for professional development.
- Connecting theories and teaching methods learned in college to classroom practice.

Source: Supporting Beginning Teachers, or go to www.nwrel.org

From the Administrative Assistant...

Professional Developments Reminders for the month of March 2010

- Professional Development—March 12, 2010
- Professional Development—March 26, 2010

From the Health Coordinator...

“I'm walking for healthy babies...”



I'm very excited to be a part of March for Babies this year. Please help me reach my goal by making a donation to my walk. It's easy and secure - just click through to make your donation.

Your gift will fund March of Dimes research and programs that help moms have full-term pregnancies and babies begin healthy lives. And it will be used to bring comfort and information to families with a

baby in newborn intensive care.

Please support this important work. You can make a donation with your credit card, or if you prefer, cash or a check is fine, too.

Thank you for helping me give all babies a healthy start!

To make a donation, visit my personal Web page at <http://www.marchforbabies.org/brlath>

If you would like to learn

more about March for Babies, visit the Web site at www.marchforbabies.org.

Would you like to see what March for Babies is and why I'm walking?

Click http://www.youtube.com/watch?v=5P_dFD0J47I to see the video.

The March of Dimes mission is to improve the health of babies by preventing birth defects, premature birth, and infant mortality.



Head Start/Early Head Start Program

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What is Head Start? What is Early Head Start?

Head Start and Early Head Start are comprehensive child development programs which serve children from birth to age 5, pregnant woman, and their families. They are child-focused programs, and have the overall goal of increasing the social competence of young children in low-income families.

By "social competence" is meant the child's everyday effectiveness in dealing with both his or her present environment and later responsibilities in school and life. Social competence takes into account the interrelatedness of social, emotional, cognitive, and physical development.

What is the Oglala Lakota College Head Start Program?


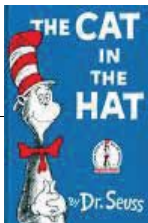
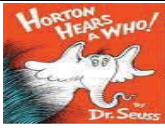
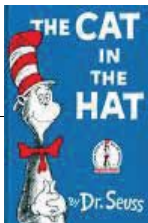

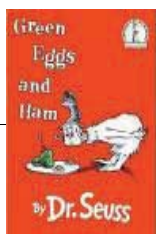
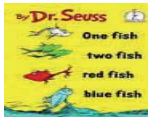
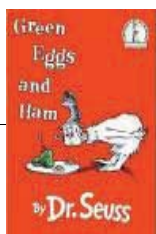
Our goal is to provide a full range of services to meet the needs of Lakota children from 0-5 and their families addressing cognitive, emotional, physical, nutritional, mental health, and Lakota language and culture development of children and the development needs of families.



Oglala Lakota College Head Start/Early Head Start Program



March 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 <i>Requisitions & Mileages Due</i>	3 Dr. Seuss' Birthday 	4	5 <i>Time Sheets Due</i>	6 
7 	8	9 <i>Mileages Due/ KILI Radio Show @ 10 am</i>	10	11	12 <i>Pay Day/ Professional Development</i>	13 
14	15	16 <i>Requisitions & Mileages Due</i>	17 	18	19 <i>Time Sheets Due</i>	20
21 	22	23 <i>Mileages Due/ KILI Radio Show @ 10 am</i>	24	25	26 <i>Pay Day/ Parent Teacher Conferences</i>	27 
28 	29	30 <i>Requisitions & Mileages Due</i>	31	<p><i>"The more that you read, the more things you will know. The more that you learn, the more places you'll go." - Dr. Seuss</i></p>		