



# Oglala Lakota College



## Head Start/Early Head Start Program

From the Administration...

### 2012-2013 HS/EHS enrollment



EHS begins on-July 24, 2012

HS begins on-August 14, 2012

Please bring the following when enrolling your child:

1. Proof of age eligibility (birth certificate)
2. Proof of income
3. Current immunization
4. Copy of health insurance card
5. IFSP/IEP (if applicable)



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Special points of interest:

**1. HS/EHS  
Enrollment**

**2. Teaching  
responsibility**

**3. Tick Bites**

**4. monthly cal-  
endar**

Inside this issue:

Administration office 1

Cindy Fisher Ed. Coordinator 2

Brandee Palmer Health Coordinator 3

Monthly Calendar 4

## From the ...Education Coordinator



### Teaching Responsibility

Parents often wonder what kind of tasks their children can be expected to participate in at home. Just how much responsibility should be given to a child? While many tasks are beyond a child's thinking skills and physical capabilities. Most of us do not see the tremendous potential we have as parents to teach children responsibility very effectively.

Every child who carries some consistent responsibility around the house gains from the experience. The child who had jobs to do feels like a part of the family. He feels important, even competent, and yes bigger.

Responsibilities help a child gain independence and self-reliance by learning to do a job and taking credit for it. This trait will help the child in school and in all of life's endeavors.

But how does a parent get a child to maintain his/her first enthusiasm for routine jobs that need to be done? Rarely does payment for these jobs make a difference. But there are some things to try that might help.

**Always give encouragement, not criticism.**

**Never, never nag. Remind once and follow through with a natural consequence such as no chores, no store.**

- \* **No lectures, no threats, Simply carry out expected family fun times with children who have completed their jobs.**
- \* **Don't make it a major crime of a chore is not done, but don't excuse it and cover up for it either. Children don't do well with wishy-washy parents, but they also don't do well with heartless, demanding parents.**
- \* **Find peaceful happy times to talk lots with each other about the roles everyone plays in the household. Help your child see how important his/her role is to you. Having a regular schedule of times to do jobs, work best.**

**Now a word about the watchful eyes of your child! You can count on your child learning responsibility if he/she sees you taking responsibility seriously, such as being on time, carrying through with a promise and watching you regularly gain satisfaction from a job well done, the example you provide in the home can do wonders in teaching this valuable life trait.**

[www.pre-ksmarties.com](http://www.pre-ksmarties.com)



## From the ...Health Coordinator

### Tick Bites

Ticks are small spiderlike animals that bite to fasten themselves onto the skin and feed on blood. Ticks live in the fur and feathers of many birds and animals. Tick bites occur most often during early spring to late summer and in areas where there are many wild animals and birds.

Most ticks do not carry diseases, and most tick bites do not cause serious health problems. But it is important to remove a tick as soon as you find it. Removing the tick's body helps you avoid diseases the tick may pass on during feeding. Removing the ticks head helps prevent an infection in the skin where it bit you.

Usually removing the tick. Washing the site of the bite, and watching for signs of illness are all that is needed. When you have a tick bite, it is important to determine whether you need a tetanus shot to prevent tetanus (lockjaw).

Some people may have an allergic reaction to a tick bite. This reaction may be mild, with a few annoying symptoms. In rare cases, a a severe allergic reaction (anaphylaxis) may occur.

Many of the diseases ticks carry cause flu like symptoms, such as fever, headache, nausea, vomiting, and muscle aches. Symptoms may begin from 1 day to 3 weeks after the tick bite. Sometimes a rash or sore appears along with the flu like symptoms. Common tick borne diseases include.

- ◆ Lyme disease
- ◆ Rocky Mountain Spotted Fever
- ◆ Tularemia
- ◆ Ehrlichiosis
- ◆ Relapsing fever
- ◆ Colorado tick fever
- ◆ Babesiosis



Tick paralysis is a rare problem that may occur after a tick bite. In some parts of the world, tick bites may cause other tick borne diseases, such as South African tick-bite fever.

Use the Check Your Symptoms section to decide if and when you should go to the doctor



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headstart.  
olc.edu/](http://headstart.olc.edu/)**

### What is Head Start? What is Early Head Start?

Head Start and Early Head Start are comprehensive child development programs which serve children from birth to age 5, pregnant woman, and their families. They are child-focused programs, and have the overall goal of increasing the social competence of young children in low-income families.

By "social competence" is meant the child's everyday effectiveness in dealing with both his or her present environment and later responsibilities in school and life. Social competence takes into account the interrelatedness of social, emotional, cognitive, and physical development.

### What is the Oglala Lakota College Head Start Program?

Our goal is to provide a full range of services to meet the needs of Lakota children from 0-5 and their families addressing cognitive, emotional, physical, nutritional, mental health, and Lakota language and culture development of children and the development needs of families.



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## March 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15 <i>incredible kid day!</i>	16 <i>Professional development day</i>	17 <i>St. Patrick's day</i> 
18	19	20	21	22	23	24
25	26	27	28	29	30 <i>Professional development day</i>	31